



# St Mary's Hospice

[www.stmaryshospice.org.uk](http://www.stmaryshospice.org.uk)

## About Us

St Mary's Hospice is a registered charity providing care and comfort for patients living with any life-shortening illness or long term condition and their family.

We support people from the moment of diagnosis and their families for longer.

“**The level of personal care and understanding they provided was outstanding**



## **Dame Cicely Saunders**



**Dame Cicely Saunders**  
Founder of the modern  
hospice movement

“

**How people die  
remains in the  
memory of those  
who live on**

## Our Services



### In Patient Unit

St Mary's IPU in Ulverston, provides skilled and compassionate specialist care to patients with any life shortening illness. We have 8 individual rooms.



### Hospice at Home

Our Hospice at Home team provides specialist personalised nursing care and support to help make staying at home possible.



### Family and Bereavement Support Team

Our Bereavement Support Service offers free, confidential support for adults. And is available to anyone in our community 18+.

# Living Well



The Living Well Team offers a range of programmes to support individuals, to enhance health and wellbeing including:

- Creative Therapy
- Physical Activity Therapy
- Complementary Therapy
- Day Hospice

The team works in our Living Well centre in Barrow, as well as at the Hospice and will increasingly be out and out across the region delivering services in the community.





## Developing our services ... Dementia support



This is a new and exciting collaboration between Dementia UK and the hospice. As a hospice, we are keen to do more to support people living with dementia, and their families, to maintain and enhance people's quality of life, including the challenges at end of life.

The Admiral Nurse will lead, deliver and coordinate relationship-centred dementia care within St Mary's

## **Our challenge ... a sustainable future**

### **Meeting community need**

- The over 65 population in Cumbria is growing
- But public sector funding isn't increasing as fast
- And rural services can be more expensive than urban ones
- 1 in 6 people over the age of 80 have dementia across UK

### **Did you know all our services are free?**

But they are not free to provide ... St Mary's costs £3.5m per year to run.

17% of our costs are funded by the NHS. The rest is raised by our wonderful community.

So this means 8 out of 10 of our patients are funded by our community

## Fundraising: How you give your support





## Sponsor a nurse



We believe our nurses and health care workers are heroes.

Donating on a regular basis via our Sponsor a Nurse programme is a great way to support St Mary's Hospice and budget your support. A small monthly amount makes a big difference to the services we can provide.

Together we can provide quality end of life care for our community.

## Contact Us



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Registered Charity Number 517738

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**Founder of the modern**  
**hospice movement**

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**You matter because  
you are you, and you  
matter to the end of  
your life. We will do all  
we can not only to  
help you die  
peacefully, but also to  
live until you die**



# Thank You



**“Until you experience St Mary’s you can never appreciate how perfect the place and the people are ... I take so much comfort knowing they made my dad feel relaxed, fearless and happy... I can’t thank them enough” Lauren, daughter of Ian Ball**

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